

Contact Parks and Recreation at 952-563-8877 for more information on these events.

SUMMER SOFTBALL PLAY AMERICA’S FAVORITE GAME



Registrations are being accepted for summer adult softball leagues, including men’s, women’s and co-rec. Beginning April 30, more than 300 teams will compete throughout the summer and fall at recreational and competitive levels.

Leagues are hosted at playfields Dred Scott, 10820 Bloomington Ferry Road, and Valley View, 9000 Portland Avenue South. Leagues are for adults, ages 18 and older. Single game leagues play 10 games a season and double-header leagues play 20 games a season.

All teams are sanctioned in the ASA and USSSA.

When: Monday - Friday, starting April 30.
Cost: \$555 + tax, per team, Single Game Leagues.
\$785 + tax, per team, Double Header Leagues.
Deadline: March 12.

WANT YOUR DOG TO RUN FREE? USE ONLY DESIGNATED OFF- LEASH AREAS



The City has designated a 25-acre expanse of land on 111th Street between Nesbitt and Hampshire avenues as an off-leash dog area. This is the only public area in the city where dogs may be off leash. All dogs in the off-leash area must be licensed by the City of Bloomington.

To ensure a pleasant experience for all who use the off-leash area, dog handlers should:

- Closely supervise their dogs and be within view.
- Have leashes in hand at all times.
- Clean up after their dogs.
- Supervise children.
- Leash dogs while entering and exiting the area.

The City is exploring additional sites for off-leash dog areas. For more information, contact Assistant Parks and Recreation Manager Greg Boatman at 952-563-8899 or gboatman@ci.bloomington.mn.us.

WEBSITE KEYWORDS: OFF LEASH.

HEALTHY LIVING MADE EASY

GET OUT AND ACTIVE THIS SUMMER

SPEND SOME QUALITY TIME AT THE POOL BUY A BLOOMINGTON FAMILY AQUATIC CENTER (BFAC) SEASON PASS

Don’t miss out. Buy your BFAC resident season pass before April 13 to receive \$2 off or prior to June 9 to receive \$1 off.* If you bring your old pass to be reactivated, you’ll receive an additional dollar off. Passes are sold at the Parks and Recreation counter at Bloomington Civic Plaza, beginning March 17 through June 8. Beginning June 6, passes will be available daily, 4 - 7 p.m., at the BFAC, 301 East 90th Street. BFAC is open **June 9 - August 19** and weekends through Labor Day.

**Season passes for those under 18 years old must be purchased by a legal guardian.*



2012 RESIDENT SEASON PASS (PRICES INCLUDE TAX)	
Infant, age 1 and under	Free
Child, age 2 - 10	\$16.25
Young adult, age 11 - 15	\$27.50
Adult, age 16 - 54	\$50.50
Senior, age 55 and up	\$16.25

WEBSITE KEYWORDS: AQUATIC CENTER.

MARK YOUR CALENDARS SUMMER SPECTRUM SUPER SATURDAY

Register for youth programs online or in person on Super Sign-Up Saturday. Look for more details in the Summer Spectrum program brochure.

When: Saturday, March 17, 9 - 10 a.m.
Where: Bloomington Civic Plaza,
1800 West Old Shakopee Road.

WEBSITE KEYWORDS: SUMMER SPECTRUM.



GET MOVING WITH L’IL FLIPSTERS GYMNASTICS PROGRAM PROVIDES FITNESS AND FUN

L’il Flipsters Gymnastics is designed especially for children, ages 30 months to kindergarten. This mobile gymnastics organization provides gymnastics training and motor skill development in a safe, fun and nurturing environment. New sessions begin every month through May 2012.

Classes are held at Bloomington Ice Garden, 3600 West 98th Street, Tuesday and Friday mornings and Tuesday afternoons. Classes are \$30 per three-week session, \$40 for a four-week session and \$50 for a five-week session.

WEBSITE KEYWORD: FLIPSTERS.



HUNTING EGGS IS FUN DON’T MISS THIS ANNUAL FAMILY EVENT

Kids, age eight and younger, won’t want to miss this “eggs”traordinary annual event sponsored by Bloomington Parks and Recreation and the Bloomington Breakfast Optimist Club. While you’re there, check out the family fun walk, informational booths and musical entertainment.

When: Saturday, April 7,
9:30 a.m. - noon.
Time: Hunt begins 11 a.m.
Where: Normandale Lake
Bandshell,
5901 West 84th Street.



PUBLIC HEALTH NEWS

FOR SAFER STREETS THE BLOOMINGTON FATAL CRASH REVIEW COMMITTEE

To address traffic safety concerns following a serious injury or fatality, the Bloomington Fatal Crash Review Committee analyzes the incident and formulates options to reduce future occurrences. The committee was formed in fall 2009 with the help of a Minnesota Office of Traffic Safety grant. Members include City employees from Public Health, Police, Traffic Engineering and

Risk Management, and City partner organizations, such as Safe and Drug Free Schools, Child Passenger Safety and the Tri-City Partners Coalition.

Become a fan of the City on Facebook for updates on the committee’s work and safety tips.



For more information, contact Public Health’s Carolyn Anderson at clbanderson@ci.bloomington.mn.us or 952-563-8989.

WEBSITE KEYWORDS: FATAL CRASH REVIEW.

TAKE THIS TO HEART HAVE YOUR CHOLESTEROL CHECKED

When was the last time you had your cholesterol checked? Knowing your fasting lipid profile, including your cholesterol, can help you prevent heart disease and lower your chance of having a heart attack.



If it has been five years or more since your last fasting lipid profile, Public Health recommends having one done now. If it has been less than five years, you may also need a lipid profile if you fall into any of the following categories:

- Your total cholesterol is 200 mg/dL or more.
- You are a man over the age of 45 or a woman over the age of 50.

- Your HDL (good) cholesterol is less than 40 mg/dL.
 - You have other risk factors.
- Our Health Assessment Clinics will help you decide if you need to consult with your doctor. Clinics are offered **February 14, June 12 and October 9, 7:30 - 10 a.m.**, at Bloomington Public Health, 1900 West Old Shakopee Road. For more information, call 952-563-8900.

WEBSITE KEYWORDS: HEALTH RISK.